



MATTHEW STEVENS & SON
— FRESH FISH & SEAFOOD SPECIALISTS —

MATTHEWS BEST BUYS

Pollack 1-2kg	£16.29each
Haddock Portion 150-170g	£4.12kg

FRESH WHOLE FISH

Bass (Farmed) 400-600g	£13.52kg
Bones By The Box (5kg Boxes flatfish bones)	£5.88kg
Bream (Farmed) 400-600g	£12.35kg
Bass Wild 1-2kg	£41.11kg ↑
Bass Wild 500-1	£0.00kg
Brill 1-2kg	£32.87kg
Brill 3-500g	N/A
Cuttlefish	£10.53kg
Cod (Large) 5-6kg	£15.23kg
Coley	£7.64kg
Cuttle Fish	£10.53kg
Dover Sole 400-500g	£44.51kg
Gurnard (Medium) (500-700g)	£10.76kg
Haddock (Small)	£8.70kg
Haddock (Sm/Med)	£11.17kg
Hake (Large 2-3kg)	£17.58kg
Hake Medium 1-2kg	£16.11kg ↑
Hake Small 500-1kg	POA £0.00kg
Halibut (Wild Varied Weight)	POA £0.00kg
Halibut (Farmed) 3-4kg	POA £0.00kg
John Dory 1-2 kg	POA £0.00kg
John Dory (Medium) 500-1kg	£24.64kg
John Dory (Small) 300g-500g	£19.40kg
Lemon Sole (Med) 340g- 450g	£32.34kg
Lemon Sole (Good/Small) 150g-340g	£17.05kg
Ling (1-2kg)	£6.97kg



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Mackerel (Large/Medium)	£12.35kg	
Megrim Sole (500g-700g)	£16.64kg	↓
Megrim Sole (300g-500g)	£14.88kg	↓
Megrim Sole (200g-300g)	£7.64kg	
Monk Tails (2+)	£29.87kg	
Monk Tails (1-2k)	£32.87kg	↑
Monk Tails – 500g-700g	£26.22kg	
Monk Tails – 300g-500g	£24.64kg	
Monk Tails – Size 6 (200-300g)	£26.99kg	↑
Monk Tails – Size 7 (150-250g)	£22.29kg	
Octopus Large	£17.58kg	
Plaice (Large) 600g+	£21.11kg	
Plaice (Med) 450g-500g	£17.58kg	
Plaice (S/Med) 350g-450g	£16.82kg	
Pollack 1-2kg	£16.29kg	
Ray Wings (Skinned)	£22.64kg	
Red Mullet 200-300g	£14.70kg	
Salmon Whole 4-5kg	£14.41kg	
Salmon (Loch Duart) 4-5kg	POA	£0.00kg
Salmon Diced	£11.70kg	
Sardines (Whole)	N/A	
Sea Trout 2-4kg Whole	£14.41kg	
Stone Bass 2-3kg	£15.52kg	
Squid	£26.99kg	
Tuna Loins (Sashimi)	£26.46kg	
Tuna (New England Seafood) (Sushi)	£44.63kg	
Trout (Sea Trout) 2-3kg Whole	£14.41kg	
Turbot 2-3kg	£45.28kg	
Whiting large	£7.06kg	
Whiting Medium	£7.06kg	
Whiting Small	£11.70kg	
White Fish (Diced) Hake-Haddock-Cod Offcuts	£11.70kg	



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White Fish (Pie mix) ½ Whitefish ¼ Salmon Diced ¼ Smoked Haddock	£15.58kg
Wrasse	#VALUE!
Weaver	#VALUE!

FRESH FISH FILLETS

Cod Fillets (Large) 1-1.5kg	£35.22kg
Coley Fillet Large	£16.70kg
Haddock Fillets (Small) 90-120g	£18.76kg
Haddock Fillets (Sm/Med) 150-200g	£23.87kg
Hake Fillet (Large 2-3kg)	£41.10kg
Ling Fillets Skinned (1-2kg)	£17.58kg
Pollack Fillets Medium	£32.34kg
Whiting Fillets Small	£27.00kg
Salmon Fillets (Scaled and pin boned)	£23.46kg
Sea Trout Fillet 1-1.4kg	£23.11kg
Trout Fillet (Chalk Steam) 1-1.4kg	£23.46kg

PORTIONS FOR PROFIT



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Bass Portion (Fillet) 180-200g	£6.82each
Bream Portion (Fillet) 180-200g	£6.17each
Brill 3-500g Whole Fish Portion	£6.94each
Cod Loin Portion 180-200g	£7.00each
Cod Loin Portion 160-180g	£6.47each
Coley Loin Portion 150-170g	£3.47each
Haddock Portion 180-200g	£4.88each
Haddock Portion 150-170g	£4.12each
Haddock Fillet Portion 90-110g	£2.06each
Hake Loin Portion 180-200g	£6.76each
Hake Loin Portion 160-180g	£7.35each
Lemon Sole Portion 180-200g	£7.00each ↓
Monk Fillet Portion 180-200g	£10.94each ↑
Pollack Loin Portion 160-180g	£6.47each
Salmon Loin Portion 160-180g	£5.17each
Sea Trout Portions 160-180g	£4.82each
Chalk Stream Trout Portion 160-180g	£5.17each
Tuna Portions 160g	£4.88each
Ray Wing Portion 270g	£6.17each

SHELLFISH

Clams (Palourde)	£15.23kg
Cockles	£12.64kg
Crab Dressed 100g White 60g brown	£11.47each
Crab Meat Brown 500g	£8.82each
Crab Meat White 500g	£46.86each



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Crab Meat (Spider) 454g		POA	£0.00each
Crab (Live Local) Jacks	(Cooked whole Available)		£17.58kg
Crab (Live Local) hens	(Cooked whole Available)		£10.70kg
Crab Live (Spider)	(Cooked whole Available)	POA	£0.00kg
Lobsters (Live Local)	(Cooked whole Available)		£29.34kg
Lobsters (Live Local) Large 1.2+ & Cripple	(Cooked whole Available)		£29.34kg
Crab-Shells/Pouches for stock			£5.88each
Mussels WESTCOUNTRY 2kg bag			£12.70each
Mussels WESTCOUNTRY 5kg bag			£31.75each
Oysters (Dorset)			£1.35each
Oysters (Porthilly)			£1.35each
Razor Clams			£32.87kg
Scallop Meats (1kg tub)			£35.28each
Scallops 1/2 Shells			£1.35each
Winkles			£10.47kg
Whelks			£10.29kg

SMOKED FISH

Arbroath Smokies		£24.46kg
Eel Smoked (Skinned) 200g		£15.93each
Cod Roe (Smoked)		£28.69kg
Fresh Smoked Mackerel		£28.17kg
Kipper on the bone (Craster)		£16.41kg
Kippers on the bone		£11.17kg



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Salmon-Smoked Chappel & Swan (Long Sliced) by kg	£26.99kg
Salmon-Smoked Chappel & Swan (D-Cut) by kg	£26.99kg
Salmon-Smoked (D-Cut) sides 1kg	£29.34each
Salmon-Smoked (Long Sliced) sides 1kg	£29.34each
Gravadlax D-Cut kg (100g & 200g Packs Available)	£35.81each
Gravadlax D-Cut kg (Beetroot) (100g & 200g Packs Available)	£38.63kg
Hot Smoked Salmon Sides	£32.87kg
Hot Smoked Portions 100g	£5.06each
Smoked Salmon (long sliced) 100g	£5.41each
Smoked Salmon Timmings 500g	£12.88each
Freshly Smoked Haddock Fillets	£22.93kg
Trout (Chalk Steam) Trimmed Smoked Sides	£35.22kg
Trout (Chalk Steam) long sliced sides Smoked Sides	£35.22kg

DELI ITEMS

Anchovies in Oil 1kg Tub	£13.52each
Anchovies in Oil 200g	£4.47each
Anchovies in Oil 200g (Garlic)	£4.53each
Anchovies in Oil 200g (Oriental)	£4.53each
Anchovies in Oil 200g (Provençal)	£4.49each
Anchovies in Oil (Hot Smoked) 125g	POA £0.00each
Caviar (Arenkha) Smoked Herring Roe 120g jar	£13.99each
Caviar Exmoor (Cornish Salted Baerii) 10g pot	£17.05each
Caviar Exmoor (Cornish Salted Imperial Beluga) 10g pot	£45.81each
Caviar Exmoor (Cornish Salted Imperial Oscietra) 10g pot	£25.70each



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Caviar (Keta) Salmon Roe 100g jar	£17.46each
Caviar (Trout Roe) 90g jars	£10.29each
Samphire (1kg)	£15.88kg
Shrimp Brown 100g	£7.00each
Squid Ink Jar 50cl	£15.23each
Squid ink Sachet .25g	£0.41each
Cray Fish Tails in Brine	£23.46each
Coldwater Prawns in Brine	£24.64each
King Prawns in Brine	£24.64each
Herring Roll Mops	£26.99each

MISCELLANEOUS

Ice by the box	£1.76each
Perforated Paper (500 sheets)	£58.04each
Vac Pac Bags Various Sizes	POA £0.00each
Poly Boxes (20kg Size) (Shallow Hake)	£8.49each
Poly Boxes (12kg Size) (2 stone)	£3.35each
Poly Boxes (6kg Sizes) (1 stone)	£2.29each

FROZEN SPECIAL OFFERS

Mackerel Fillet Portion 180-200g	£3.88each
Salmon (Skinned & Diced) 1kg bags 500g packs Available	£11.70each

FROZEN BEST SELLERS

Crab (Soft Shell) 12,14,18 & 24 Per kg 1kg box	£34.05each
Crevettes Whole 20/30 per kg 1kg box	£15.23each
Haddock Fillets (Naturally Smk) 3.18kg box	£44.10each
Haddock Fillets 170-200g S/On B/L 4.54kg box	£69.33each
Haddock Fillets 170-200g S/L B/L 4.54kg box	£76.38each
Hake Fillets (170-200g) IQF 4.50kg box SLBL	£55.86each
Mackerel Smoked Fillets 3.18kg box	£58.74each
Mussel Meat 1kg Bag	£7.00each
Pollack Fillets 170-200g IQF 4.50g box SLBL	£31.69each



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Prawn (100/150 per 454g) 2.0kg Bag	£34.05each
Prawn Black Tiger H/L/P&D (16/20) 1kg bag (Seahawk)	£14.05each
Prawn Black Tiger H/L/P&D (16/20) 1kg bag (Gold)	£11.70each
Prawn Black Tiger H/On (16/20) 1kg box	£10.53each
Prawn Cooked S/On (90/120) 5kg Box	£39.93each
Scampi (Gold) Wholetail 454g Bag	£7.00each
Scampi (Seahwk) Wholetail Breaded 450g bag	£7.64each
Squid (Salt & Pepper) 1kg Bag	£12.35each
Squid Tubes Cleaned Large 1kg bag	£6.47each
Squid(Small)Cleaned 10/20kg Premium 1kg bag	£12.35each
Whitebait 454g bag	£4.12each
	£0.00each
	£0.00each
	£0.00each
	£0.00each