



MATTHEW STEVENS & SON
— FRESH FISH & SEAFOOD SPECIALISTS —

MATTHEWS BEST BUYS

Megrim Sole (300g-500g)	£10.53each	↓
Octopus Large St Ives Bay	£11.17each	

FRESH WHOLE FISH

Bass (Farmed) 400-600g		£13.99kg
Bones By The Box (5kg Boxes flatfish bones)		£5.88kg
Bream (Farmed) 400-600g		£12.41kg
Bass Wild 1-2kg		£24.40kg ↓
Bass Wild 500-1		£0.00kg
Brill 1-2kg		£32.87kg
Brill 3-500g		N/A
Cuttlefish		£10.53kg
Cod (Large) 5-6kg		£15.23kg
Coley		£7.64kg
Cuttle Fish		£10.53kg
Dover Sole 400-500g		£41.75kg
Gurnard (Medium) (500-700g)		£12.47kg
Haddock (Small)		£5.82kg
Haddock (Sm/Med)		£11.17kg
Hake (Large 2-3kg)		£14.46kg ↑
Hake Medium 1-2kg		£15.23kg
Hake Small 500-1kg	POA	£0.00kg
Halibut (Wild Varied Weight)	POA	£0.00kg
Halibut (Farmed) 3-4kg	POA	£0.00kg
John Dory 1-2 kg	POA	£0.00kg
John Dory (Medium) 500-1kg		£24.64kg
John Dory (Small) 300g-500g		£19.40kg
Lemon Sole (Med) 340g- 450g		£23.34kg ↑
Lemon Sole (Good/Small) 150g-340g		£13.52kg
Ling (1-2kg)		£6.97kg



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Mackerel (Large/Medium)		£16.82kg
Megrim Sole (500g-700g)		£22.29kg
Megrim Sole (300g-500g)		£10.53kg ↓
Megrim Sole (200g-300g)		£7.00kg
Monk Tails (2+)		£29.87kg
Monk Tails (1-2k)		£25.17kg ↑
Monk Tails – 500g-700g		£26.22kg
Monk Tails – 300g-500g		£24.40kg
Monk Tails – Size 6 (200-300g)		£21.76kg ↓
Monk Tails – Size 7 (150-250g)		£19.40kg
Octopus Large		£11.17kg
Plaice (Large) 600g+		£18.99kg
Plaice (Med) 450g-500g		£17.05kg
Plaice (S/Med) 350g-450g		£15.23kg
Pollack 1-2kg		£12.64kg
Ray Wings (Skinned)		£20.99kg
Red Mullet 200-300g		£14.70kg
Salmon Whole 4-5kg		£14.41kg
Salmon (Loch Duart) 4-5kg	POA	£0.00kg
Salmon Diced		£11.70kg
Sardines (Whole)		N/A
Sea Trout 2-4kg Whole		£14.41kg
Stone Bass 2-3kg		£15.52kg
Squid		£12.88kg
Tuna Loins (Sashimi)		£26.46kg
Tuna (New England Seafood) (Sushi)		£44.63kg
Trout (Sea Trout) 2-3kg Whole		£14.41kg
Turbot 2-3kg		£37.57kg ↓
Whiting large		£7.06kg
Whiting Medium		£7.06kg
Whiting Small		£6.47kg
White Fish (Diced) Hake-Haddock-Cod Offcuts		£11.70kg



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White Fish (Pie mix) ½ Whitefish ¼ Salmon Diced ¼ Smoked Haddock	£15.58kg
Wrasse	#VALUE!
Weaver	#VALUE!

FRESH FISH FILLETS

Cod Fillets (Large) 1-1.5kg	£35.22kg
Coley Fillet Large	£16.70kg
Haddock Fillets (Small) 90-120g	£12.82kg
Haddock Fillets (Sm/Med) 150-200g	£23.46kg
Hake Fillet (Large 2-3kg)	£33.28kg
Ling Fillets Skinned (1-2kg)	£17.58kg
Pollack Fillets Medium	£27.87kg
Whiting Fillets Small	£14.05kg
Salmon Fillets (Scaled and pin boned)	£23.46kg
Sea Trout Fillet 1-1.4kg	£23.11kg
Trout Fillet (Chalk Steam) 1-1.4kg	£23.46kg

PORTIONS FOR PROFIT



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Bass Portion (Fillet) 180-200g	£7.00each
Bream Portion (Fillet) 180-200g	£6.29each
Brill 3-500g Whole Fish Portion	£6.94each
Cod Loin Portion 180-200g	£7.00each
Cod Loin Portion 160-180g	£6.47each
Coley Loin Portion 150-170g	£3.47each
Haddock Portion 180-200g	£4.88each
Haddock Portion 150-170g	£4.17each
Haddock Fillet Portion 90-110g	£1.53each
Hake Loin Portion 180-200g	£6.76each
Hake Loin Portion 160-180g	£5.70each
Lemon Sole Portion 180-200g	£5.47each
Monk Fillet Portion 180-200g	£8.82each ↓
Pollack Loin Portion 160-180g	£4.53each
Salmon Loin Portion 160-180g	£5.17each
Sea Trout Portions 160-180g	£4.82each
Chalk Stream Trout Portion 160-180g	£5.17each
Tuna Portions 160g	£4.88each
Ray Wing Portion 270g	£6.17each

SHELLFISH

Clams (Palourde)	£15.23kg
Cockles	£12.64kg
Crab Dressed 100g White 60g brown	£11.47each
Crab Meat Brown 500g	£8.82each
Crab Meat White 500g	£46.86each



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Crab Meat (Spider) 454g		POA	£0.00each
Crab (Live Local) Jacks	(Cooked whole Available)		£17.58kg
Crab (Live Local) hens	(Cooked whole Available)		£10.70kg
Crab Live (Spider)	(Cooked whole Available)	POA	£0.00kg
Lobsters (Live Local)	(Cooked whole Available)		£29.34kg
Lobsters (Live Local) Large 1.2+ & Cripple	(Cooked whole Available)		£29.34kg
Crab-Shells/Pouches for stock			£5.88each
Mussels WESTCOUNTRY 2kg bag			£12.70each
Mussels WESTCOUNTRY 5kg bag			£31.75each
Oysters (Dorset)			£1.35each
Oysters (Porthilly)			£1.35each
Razor Clams			£32.87kg
Scallop Meats (1kg tub)			£35.28each
Scallops 1/2 Shells			£1.35each
Winkles			£10.47kg
Whelks			£10.29kg

SMOKED FISH

Arbroath Smokies		£24.46kg
Eel Smoked (Skinned) 200g		£15.93each
Cod Roe (Smoked)		£28.69kg
Fresh Smoked Mackerel		£28.17kg
Kipper on the bone (Craster)		£16.41kg
Kippers on the bone		£11.17kg



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Salmon-Smoked Chappel & Swan (Long Sliced) by kg	£26.99kg	↓
Salmon-Smoked Chappel & Swan (D-Cut) by kg	£26.99kg	↓
Salmon-Smoked (D-Cut) sides 1kg	£29.34each	
Salmon-Smoked (Long Sliced) sides 1kg	£29.34each	
Gravadlax D-Cut kg (100g & 200g Packs Available)	£35.81each	
Gravadlax D-Cut kg (Beetroot) (100g & 200g Packs Available)	£38.63kg	
Hot Smoked Salmon Sides	£32.87kg	
Hot Smoked Portions 100g	£5.06each	
Smoked Salmon (long sliced) 100g	£5.41each	
Smoked Salmon Timmings 500g	£12.88each	
Freshly Smoked Haddock Fillets	£22.93kg	
Trout (Chalk Steam) Trimmed Smoked Sides	£35.22kg	
Trout (Chalk Steam) long sliced sides Smoked Sides	£35.22kg	

DELI ITEMS

Anchovies in Oil 1kg Tub		£13.52each
Anchovies in Oil 200g		£4.47each
Anchovies in Oil 200g (Garlic)		£4.53each
Anchovies in Oil 200g (Oriental)		£4.53each
Anchovies in Oil 200g (Provençal)		£4.49each
Anchovies in Oil (Hot Smoked) 125g	POA	£0.00each
Caviar (Arenkha) Smoked Herring Roe 120g jar		£13.99each
Caviar Exmoor (Cornish Salted Baerii) 10g pot		£17.05each
Caviar Exmoor (Cornish Salted Imperial Beluga) 10g pot		£45.81each
Caviar Exmoor (Cornish Salted Imperial Oscietra) 10g pot		£25.70each



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Caviar (Keta) Salmon Roe 100g jar	£17.46each
Caviar (Trout Roe) 90g jars	£10.29each
Samphire (1kg)	£15.88kg
Shrimp Brown 100g	£7.00each
Squid Ink Jar 50cl	£15.23each
Squid ink Sachet .25g	£0.41each
Cray Fish Tails in Brine	£23.46each
Coldwater Prawns in Brine	£24.64each
King Prawns in Brine	£24.64each
Herring Roll Mops	£26.99each

MISCELLANEOUS

Ice by the box	£1.76each
Perforated Papper (500 sheets)	£58.04each
Vac Pac Bags Various Sizes	POA £0.00each
Poly Boxes (20kg Size) (Shallow Hake)	£8.49each
Poly Boxes (12kg Size) (2 stone)	£3.35each
Poly Boxes (6kg Sizes) (1 stone)	£2.29each

FROZEN SPECIAL OFFERS

Mackerel Fillet Portion 180-200g	£3.88each
Salmon (Skinned & Diced) 1kg bags 500g packs Available	£11.70each

FROZEN BEST SELLERS

Crab (Soft Shell) 12,14,18 & 24 Per kg 1kg box	£34.05each
Crevettes Whole 20/30 per kg 1kg box	£15.23each
Haddock Fillets (Naturally Smk) 3.18kg box	£44.10each
Haddock Fillets 170-200g S/On B/L 4.54kg box	£69.33each
Haddock Fillets 170-200g S/L B/L 4.54kg box	£76.38each
Hake Fillets (170-200g) IQF 4.50kg box SLBL	£55.86each
Mackerel Smoked Fillets 3.18kg box	£58.74each
Mussel Meat 1kg Bag	£7.00each
Pollack Fillets 170-200g IQF 4.50g box SLBL	£31.69each



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Prawn (100/150 per 454g) 2.0kg Bag	£34.05each
Prawn Black Tiger H/L/P&D (16/20) 1kg bag (Seahawk)	£14.05each
Prawn Black Tiger H/L/P&D (16/20) 1kg bag (Gold)	£11.70each
Prawn Black Tiger H/On (16/20) 1kg box	£10.53each
Prawn Cooked S/On (90/120) 5kg Box	£39.93each
Scampi (Gold) Wholetail 454g Bag	£7.00each
Scampi (Seahwk) Wholetail Breaded 450g bag	£7.64each
Squid (Salt & Pepper) 1kg Bag	£12.35each
Squid Tubes Cleaned Large 1kg bag	£6.47each
Squid(Small)Cleaned 10/20kg Premium 1kg bag	£12.35each
Whitebait 454g bag	£4.12each
	£0.00each
	£0.00each
	£0.00each
	£0.00each